



Course Outline

CHC53315

Diploma of Mental Health



Why Choose Health Industry Training

Health Industry Training is passionate and committed to inspiring students to achieve their career goals and aspirations. If you want to be part of an exciting, fast growing industry, the health and community services sector and Health Industry Training can fulfil that goal.

The health sector is currently the largest employment and fastest growing sector in Australia. The opportunities for Australians are exciting and rewarding. To be part of this industry it is important you select the most appropriate training organisation to ensure you receive the necessary knowledge, skills and practical experience needed to secure a place.

Health Industry Training has many years' experience in the health sector. We specialise in health and community services and keep well informed of the current and future trends occurring in the health and community services sector.

Health Industry Training will help you successfully complete your qualification using an individual, supportive approach by providing you with a training plan individualised to suit your needs and lifestyle. Study your way, place and pace with the support of a personal trainer.

It is recommended that you read this course outline in conjunction with the student handbook that is available on the Health Industry Training website.

Inspiring students to achieve!

RTO National Provider # 32145



CHC53315

Diploma of Mental Health

Course Details

Duration Maximum 24 months

Delivery Method Flexible
Individual needs approach to learning
Practical Placement

Enrolment Method Open enrolment

Prospect Career Roles Community rehabilitation and support worker
Mental health rehabilitation support worker
Community support worker
Mental health support worker
Mental health outreach worker

Assessment Methods Short answer questions
Projects
Case studies
Workplace portfolio
Research reports
Practical placement
Practical logbook

Industry trend

Working in the area of Mental Health involves providing support to people living with a mental illness. Through the community services qualifications work may focus on engaging people with mental illness in community participation, working to prevent relapses and promoting recovery through programs such as residential rehabilitation, work in clinical settings, home based outreach and centre-based programs delivered by community based non-government organisations. This work may also involve supported employment and programmed respite care.

The Certificate IV in Mental Health focuses on rehabilitation and support for people affected by **mental illness and psychiatric disability**, implementing community based activities focusing on mental health, mental illness and psychiatric disability, and mental health promotion work.

While the Diploma of Community Services (Mental Health) includes counselling, referral, advocacy and education/health promotion services, and requires high level specialist knowledge, skills and competencies especially in regard to laws affecting clients, the range of services available to them and health issues related to mental health.

Employment for this occupation rose very strongly in the past five years and in the long-term (ten years). Looking forward, employment for Mental Health Workers to November 2020 is expected to grow strongly.

Course Information

Delivery Method

The Diploma of Mental Health is delivered through a blended delivery method.

Students are provided with learner resources and assessment handbooks for each unit of competency. The assessment handbooks provide students with instructions on submitting assessments.

Practical Placement

Health Industry Training recognises that an important part of undertaking a qualification in health or community services is the practical component of the course. Work placement provides students with an avenue to apply practical skills in a 'real life' environment where you are able to practice the skills and knowledge you have learnt during the course.

It is compulsory for students to undertake practical placement for the Diploma of Mental Health.

Duration: Approximately 400 hours based on skills to be demonstrated in the workplace.

Securing Practical Placement

As a student it is important for you to discuss work placement opportunities with local organisations. Once you have sourced a relevant host employer, Health Industry Training will contact them on your behalf to discuss work placement requirements.

Insurance

Health Industry Training provides insurance to all students undertaking work placement as part of their qualification.

Pre-requirements

As a student you must ensure you have completed the necessary 'Prior to practical work placement' activities listed below before practical work placement can commence.

- National Criminal History Clearance

Assessment Methods

Health Industry Training uses a range of assessment methods to ensure sufficient evidence can be gathered to demonstrate you can perform the tasks against the specified criteria. Assessment methods can include:

- Short answer questions
- Projects / Reports
- Case studies
- Scenarios
- Workplace portfolios
- Work placement logbook

Recognition of Prior Learning

RPL considers previous formal study and work experience and then assesses this against the elements of competency to determine competency. Students seeking recognition can apply for RPL on enrolment or throughout the duration of their study.

Credit Transfer

If you have completed a unit of competency within your intended qualification with another Registered Training Organisation (RTO) you may be able to apply for a credit transfer or exemption. A copy of the original transcript must be provided when applying for credit transfer.

Admission Requirements

Entry Requirements

To enrol in the Diploma of Mental Health it is anticipated that you will have completed year 10 or equivalent.

In addition, you are required to provide Health Industry Training with their Unique Student Identifier number.

Minimum Age Requirements

The minimum age for this course is 16 years old. If you are under 18 years of age your enrolment form must be signed by a parent or guardian.

Literacy, Language, Numeracy (LLN) Requirements

Students must have an adequate level of Language, Literacy and Numeracy skills (LLN). Entry into the course requires English proficiency to Year 10 level or equivalent. Students are able to test their LLN skills by completing an LLN test by emailing info@healthindustrytraining.org.

Student Support

Throughout your course with Health Industry Training, you will be provided with a range of support services depending on your individual needs.

One-on-one trainer support: You will be provided with a trainer that has extensive experience and expertise in the course content and the industry sector. Our professional trainers are there to ensure you have a successful learning journey where you can contact them via phone or email.

In addition to your trainer, the administration team can provide you with support including your enrolment, changes to contact details or study plan, progress report and any issues you may encounter throughout your course.

Peer support

Health Industry Training appreciates that distance/online learning can be an isolated experience for some students. To assist with isolation all students have the option to be part of a Facebook peer support group. Peer support groups can be a positive experience where you can study with like-minded people, ask questions relating to your course and build friendships.

Course fees and Financial Support

Fee-paying

To assist students who are not eligible for funding, Health Industry Training offers financial assistance by allowing students to either:

- pay the cost of the course in full and receive a 10% discount on the full cost of the course; or
- take advantage of our affordable payment plan options (weekly, fortnightly or monthly instalments) (see enrolment form for additional information)

Course Structure

The Diploma of Mental Health has been packaged to include:

20 units are required to be awarded the qualification including:

- 15 core units
- 5 elective units

The course combines theoretical and practical work placement experience. The theoretical component of the course provides the student with the relevant knowledge required to work in the primary health care sector.

The practical placement experience provides students with the practical knowledge and skills for students to work in a practical setting on completion of the qualification.

The table below provides a list of the units of competencies offered by Health Industry Training

Unit Code	Unit Title	(Core/Elective)
CHCMHS002	Establish self-directed recovery relationships*	Core
CHCMHS003	Provide recovery oriented mental health services*	Core
CHCMHS004	Work collaboratively with the care network and other services*	Core
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues*	Core
CHCMHS009	Provide early intervention, health prevention and promotion programs	Core
CHCMHS010	Implement recovery oriented approaches to complexity*	Core
CHCMHS011	Assess and promote social, emotional and physical wellbeing*	Core
CHCMHS012	Provide support to develop wellness plans and advanced directives*	Core
CHCMHS013	Implement trauma informed care*	Core
CHCDIV001	Work with diverse people	Core
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety	Core
CHCPOL003	Research and apply evidence to practice	Core
CHCPRP003	Reflect on and improve own professional practice	Core
CHCADV005	Provide systems advocacy services*	Core
HLTWHS004	Manage work health and safety	Core

Five (5) elective units are to be selected.

CHCAOD001	Work in an alcohol and other drugs context*	Elective
CHCAOD002	Work with clients who are intoxicated*	Elective
CHCCCS017	Provide loss and grief support*	Elective
CHCCCS018	Provide suicide bereavement support*	Elective
CHCCDE004	Implement participation and engagement strategies	Elective
CHCCSL001	Establish and confirm the counselling relationship	Elective
CHCCSL003	Facilitate the counselling relationship and process	Elective
CHCCSL007	Support counselling clients in decision-making processes	Elective
CHCCSM004	Coordinate complex case requirements*	Elective
CHCINM001	Meet statutory and organisation information requirements	Elective
CHCPRP001	Develop and maintain networks and collaborative partnerships	Elective
HLTHPS006	Assist clients with medication*	Elective
HLTWHS006	Manage personal stressors in the work environment	Elective
BSBFIM501	Manage budgets and financial plans	Elective

*Mandatory practical placement required



How to Enrol

Need More Information?

Health Industry Training is dedicated to ensuring all students are enrolled in the course that will achieve their career aspirations. If you need help with choosing the right course for you please contact the administration team on 07 3082 3960.

Ready to Enrol?

Place an enquiry through our website:

www.healthindustrytraining.org

OR

Email info@healthindustrytraining.org and request an enrolment pack

OR

Enrol by phone. Contact one of our friendly enrolment officers on **07 3082 3960**